



Penrith Lakes Branch

Sailability NSW



Set up in Australia in 1991, Sailability is a non-profit organization dedicated to facilitating sailing opportunities for everyone, regardless of age or ability. Sailability Australia now has branches in all states of the country.

Sailability caters for people with a wide range of disabilities and experiences. Australian sailors with disabilities have competed here and overseas in Hobie catamarans, Ynglings, 2.4mRs, Sonars and Access dinghies. Sailability has support from state sporting authorities and works closely with a variety of disability organizations around Australia, ensuring that people with disabilities have the opportunity to sail in safety and experience adventure and freedom – building mobility, self confidence and pride through achievement.



Access Dinghies

Access Dinghies were designed to appeal to people who would love to go sailing, but find it too difficult or uninviting to do so.

Whether as a recreation, sport or a therapeutic activity, the Access Dinghy design features allow total novices, with no experience, the ability to sail with very little tuition.

Sailability Penrith Lakes

Sailability Penrith Lakes was established in 2002 at the Sydney International Regatta Centre, Penrith. Since then, this branch has become the focus of sailing for the people of Sydney's Greater West. We sail with disability groups and school groups two to three days per week.

Sailability Penrith Lakes has more than 100 members, including sailors and volunteers. Our fleet consists of 15 dinghies including five 2.3s, two Breezes and six 303s, all 2-seater Access boats, as well as two Walker Bays which can carry four persons. Sailability Penrith Lakes has the use of its own shed, pontoon and wheelchair hoist. Our branch has Yachting Australia qualified staff (YATC).

Sailability Penrith Lakes has received support from Penrith Council, Sydney International Regatta Centre, AMP, National Australia Bank, Western Weekender Newspaper, Penrith RSL Club, Nepean Rowing Club, Emu Plains Lions Club, Bendigo Bank North Richmond and Rotary Club of Penrith.



Come 'N' Try Days

Come 'N' Try Days are held on Sundays once a month from mid-day to mid-afternoon throughout the year. These are open to all abilities and age groups. We can also organize birthday parties, corporate days and other one-off days. Bookings can be made with Pam Smith on 0402 538 456.

Volunteering

We are always looking for more volunteers to help with our sailing programs. You don't have to know how to sail. We will teach you. If you are available one or two days a week please contact Jack on 0408 208 747 or Betty at: bgrady@bigpond.com.

www.sailabilitypenrithlakes.org.au

FREEDOM ON THE WATER